

Sample Ardentenny Outdoor Education Centre Programme

| | Group 1 | Group 2 | Group 3 | Group 4 | Group 5 | Group 6 | Evening Program | Evening Instructors |
|------------------|---|--------------------------------------|--------------------------------------|--------------------------------------|--------------------------------------|--------------------------------------|---------------------------------|---------------------|
| Instructor | Neil | Claire | Gareth | Carleen | Heather | John D. | Evening Walk | Heather |
| Monday | Arrival, introductions, lunch, centre tour, gear issue | | | | | | All | |
| afternoon | Ardentenny Exploration for all groups | | | | | | Groups | Claire |
| morning | Forest Walk and shelter build | Climbing / Abseiling | Orienteering | Team Challenge | Canoeing or Rock Hop | Gorgewalking | Search and Rescue Groups 1-3 | Gareth |
| Tuesday | | | | | | | | |
| afternoon | Team Challenge | Canoeing or Rock Hop | Gorgewalking | Forest Walk and shelter build | Climbing / Abseiling | Orienteering | Indoor Initiatives Groups 4 - 6 | Neil |
| morning | Climbing / Abseiling | Orienteering | Forest Walk and shelter build | Canoeing or Rock Hop | Gorgewalking | Team Challenge | Indoor Initiatives Groups 1-3 | Claire |
| Wednesday | | | | | | | | |
| afternoon | Canoeing or Rock Hop | Gorgewalking | Team Challenge | Climbing / Abseiling | Orienteering | Forest Walk and shelter build | Search and Rescue Groups 4-6 | Gareth |
| morning | Orienteering | Forest Walk and shelter build | Climbing / Abseiling | Gorgewalking | Team Challenge | Canoeing or Rock Hop | | John D. |
| Thursday | | | | | | | | |
| afternoon | Gorgewalking | Team Challenge | Canoeing or Rock Hop | Orienteering | Forest Walk and shelter build | Climbing / Abseiling | Mini Presentation and Disco | Carleen |
| morning | Tidy-up, reviews, lunch and departure | | | | | | | |
| Friday | Activity Choice - Trail Cycling, Rock Hopping, Orienteering, Archery | | | | | | | |